

Putting the Heart Into Healthcare

Your Path to Recovery Starts Here

Located in the serene town of Fletcher, North Carolina, Fletcher Rehabilitation and Healthcare Center offers a professional and welcoming environment where every resident is treated with dignity and respect. With 90 beds, the facility specializes in respite care, skilled nursing, and short-term rehabilitation, tailoring care to each resident's unique needs.

Renowned for its 4-star Medicare rating, Fletcher Rehabilitation reflects a strong commitment to quality healthcare and rehabilitation services. Just a few miles south of Asheville, NC - nestled in the beautiful mountains of Western North Carolina and close to the Blue Ridge Parkway - the center combines high-quality care with tranquil surroundings.

At Fletcher, our goal is to promote independence while providing a nurturing, supportive atmosphere. Whether recovering from surgery, illness, or in need of skilled nursing, our dedicated team is here to guide you on your path to recovery. Contact us today to learn how Fletcher can meet your care needs.

Fletcher Rehabilitation and Healthcare Center



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YAD
HEALTHCARE




Fletcher
REHABILITATION & HEALTHCARE CENTER

Welcome to Fletcher Rehabilitation and Healthcare Center

Empowering Recovery, Restoring Independence

At Fletcher Rehabilitation and Healthcare Center, we understand that every recovery journey is unique. Our rehabilitation services are designed to provide personalized care, helping patients regain independence and improve their quality of life. Our dedicated team of Physical and Occupational Therapists, along with Speech-Language Pathologists, work collaboratively to create customized treatment plans tailored to each individual's specific needs and goals. As a proud member of YAD Healthcare, we are committed to making your rehabilitation experience both positive and impactful.



Rehabilitation Services

-  **Activities of Daily Living:** Assisting patients with tasks essential for independent living, such as dressing, bathing, and grooming.
-  **Balance and Fall Prevention:** Implementing strategies and exercises to improve balance and reduce the risk of falls.
-  **Cognition:** Enhancing cognitive abilities through specialized therapies and activities tailored to individual needs.
-  **Communication:** Addressing speech and language difficulties to improve communication skills and quality of life.
-  **Dysphagia:** Providing assessment and treatment for swallowing disorders to ensure safe and efficient swallowing function.
-  **Functional Mobility:** Helping patients regain strength, flexibility, and coordination to perform daily activities with ease.
-  **Pain Management:** Utilizing various techniques and modalities to alleviate pain and improve comfort during the rehabilitation process.
-  **Seating & Positioning:** Customizing seating and positioning equipment to optimize comfort, posture, and functional mobility.
-  **Splints/Braces:** Designing and fitting custom splints and braces to support and stabilize joints for improved function and comfort.
-  **Wound Care:** Providing specialized wound care treatments and therapies to promote healing and prevent complications.

Specialized Sub-Acute Care

Our specialized unit for sub-acute rehabilitation features daily physical, occupational, and speech therapy, all supported by an expansive gym equipped with state-of-the-art facilities. With a compassionate approach, we ensure that every patient experiences a comfortable and highly effective rehabilitation journey. We also focus on coordinated care for a seamless transition post-discharge, ensuring that our patients continue their recovery with the support they need.

Everyday Comforts



Delicious Meals &
Dietary Monitoring



Exciting Daily
Activity Program



Laundry Service
and Room Cleaning



Professional Podiatry
and Vision Services

